



## **Some information about online classes**

### **To Access Online Classes:**

We will be running online classes via Zoom

Firstly, you need to decide what device you are going to use. The main options are:

1. Computer
2. Smartphone
3. Tablet

Please use a device that has a camera so that we can check your form and give you appropriate feedback.

It's best to download Zoom in advance of your first class to get it all set up although it is possible to do that from the link we send you for your class.

### **Using Zoom On A Computer Or Laptop**

You will need to download a piece of free software to your computer.

- a. You can either go to <https://zoom.us> and install Zoom in advance. Or click on the link we have sent by email and open it in your browser (e.g. Chrome) and accept the download.
- b. Once the download is complete, proceed with installing the Zoom application onto your computer.  
You do not need to create an account to participate in a meeting.
- c. Once installed you can join a meeting by clicking the "Join A Meeting" button and then enter our unique Meeting ID and password from the email we have sent you. If you started the download from our email link the first time you use Zoom the "Join A Meeting" may come up automatically.

### **Using Zoom On A Smartphone or Tablet**

Most devices can use the 'Zoom' app, via the Apple or Google App stores. You should type in 'Zoom' and look for the following icon:



It is Zoom Cloud Meetings.

You do not need to create an account to participate in a meeting.

- c. Once downloaded and set up (all of which is free), you can either click the link in the invite we send you or click on the "Join" icon in the app and enter our unique Meeting ID and password which will be on the email we send you.

## **Start of Sessions**

The session will start promptly at the stated time, however, if you happen to join before us you will be able to wait in the 'waiting room' until we start. We will try to open each session at least 5 minutes early so you can all check that the technology is working, but your teacher may be in another class so please be patient.

## **During Sessions**

During the session your teacher will probably have everyone muted while giving instructions. This is so there is no background noise from participants and their locations. She will probably ask if there are any questions and unmute participants as and when required.

Sometimes there can be internet issues including connectivity and time delay. Unfortunately, these things are beyond our control and we will do our best to deliver the best quality classes we can under the circumstances.